



MAY 30 - JUNE 2, 2019

Seattle Skating Club

Olympicview Ice Arena
Mountlake Terrace, WA

Sanctioned by US Figure Skating and Skate Canada

USFS Sanction 28660; Skate Canada Sanction 22019-2019

Chief Referee: Michael Bauer

Dance Referee: Michael Bauer

Chief Accountant: Anita Conrad

Attended by ISU International, National, and Competition-Level US Figure Skating & Skate Canada Officials

All Disciplines! All Levels!

Non-Qualifying and Compete USA, Well Balanced and Excel Singles Free Skating, Pairs Free Skating, Adult Free Skating, National Solo Dance Series, National Qualifying Series, Non-Series Solo and Couples Ice Dancing, Showcase, Ensemble, and Synchronized Skating.

IJS Mini System will be used for:

Pre-Preliminary through Senior Well Balanced Singles, Pre-Juvenile through Senior Pairs and Couples Ice Dancing, Bronze level and above Pro/Am and Am/Am Couples Pattern Dance, and National Solo Dance Series Events

Secure Online Registration and credit card payment will be available at:

- **For Qualifying level Singles and Pairs Events register at usfsaonline.org**
- **For All Other Events register at EntryEze.com**

Entry Deadline: 11:59 PM, PST April 28, 2019

OFFICIAL ANNOUNCEMENT

ICE FEST 2019

May 30 – June 2

Entry Deadline: 11:59 PM, PST April 28, 2019

Registration is ONLINE ONLY

Ice Fest 2019 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating or Skate Canada member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

NATIONAL QUALIFYING SERIES EVENT INFORMATION

This competition has been approved by U.S. Figure Skating as an official NQS event. Athletes are required to read the [NQS handbook](#) and register for the series through EMS by May 28th (separate from competition registration).

NATIONAL SOLO DANCE SERIES EVENT INFORMATION

The Solo Pattern Dance event, Combined Event, and Shadow Dance events are being offered as part of the U.S. Figure Skating Solo Dance Series. Events will run in accordance with the [2019 U.S. Figure Skating Solo Dance Series Handbook](#). All skaters, regardless of participation in the NSDS series, may enter these events.

U.S. Figure Skating Solo Dance Series:

- **SOLO DANCE SERIES SOLO PATTERN DANCE EVENT**
- **SOLO DANCE SERIES COMBINED EVENT**
- **SOLO DANCE SERIES SHADOW DANCE EVENT**

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Singles free skate events have the following requirements.

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger
Open Juvenile: Ladies – 13 years or older; Men – 14 years or older
Intermediate Men and Ladies must be under the age of 18
Adult Men and Ladies must be 21 years or older

Skaters entering Non-Test through Pre-Juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group. Events may be combined boys/girls at the discretion of the Chief Referee (in accordance with US Figure Skating rules).

NQS REMINDER: All NQS events are combined short program and free skate events. If there are more than 24 entries per event, qualifying rounds must be held in accordance with Rule 2460. SEE THE [NQS LOC HANDBOOK](#) FOR DETAILS (p. 5 – 7).



ENTRIES: Online entry with secure credit card payment is available via usfsaonline.org for Qualifying level Singles and Pairs events and via EntryEeze.com for ALL OTHER events. **Registration is ONLINE ONLY and must be completed by 11:59 PM PST on April 28, 2019.** Practice and Competition schedules will be available on the website approximately two weeks before the competition. It is essential that a current email address is available to the LOC as announcements for competitors will be emailed via the EMS system OR Entryeeze portal, when possible.

Showcase entries must indicate both the entrant's Singles Free Skating test level and their Pattern Dance Test level to ensure placement in the correct showcase level in accordance with current U.S. Figure Skating guidelines.

FEES: The following table indicates the fee structure for the 2019 Ice Fest Competition. Fees are determined by the number and type of events entered. If a skater enters only one event, pricing is indicated in the First Event column. If a skater enters multiple events, the first event is priced using the First Event column and subsequent events are priced using the Second Event column. Please note that certain events are only priced at First Event rates and do not qualify for Second Event pricing.

| Event Type | First Event | Second, or Additional Events |
|---|---|------------------------------|
| Compete USA Events | | |
| <ul style="list-style-type: none"> ▪ All Compete USA events, excluding Synchro | \$50 | \$30 |
| <ul style="list-style-type: none"> ▪ Compete USA Snowplow Sam Synchro & Synchro Skills 1-3 and Open Synchro Exhibition | \$50 + \$10 per skater | N/A |
| 6.0 Events | | |
| <ul style="list-style-type: none"> ▪ No-Test through Preliminary Singles & Pairs ▪ All Showcase and Interpretive Events, including Duet ▪ All Excel Free Skate Events ▪ All Adult Events ▪ Couples Dance – Open Free Dance ▪ Pro/Am Partnered Pattern Dance (Preliminary and Pre-Bronze) ▪ Am/Am Partnered Pattern Dance (Preliminary and Pre-Bronze) | \$85 (\$42.50 per skater for partnered events) | \$35 |
| IJS Combined Events (SP & FS) | | |
| <ul style="list-style-type: none"> ▪ Intermediate through Senior Singles ▪ Novice through Senior Pairs | \$155 (\$77.50 per skater for pairs) | N/A |
| IJS Individual Events | | |
| (considered first event if combined with 6.0 events) <ul style="list-style-type: none"> ▪ Pre-Preliminary – Juvenile/Open Juvenile(Singles) ▪ Juvenile SP ONLY (Non-NQS Event) ▪ Pre-Juvenile – Intermediate (Pairs) | \$110 (\$55 per skater for Pairs events) | N/A |
| Dance Events (IJS) | | |
| (considered first event if combined with 6.0 events) <ul style="list-style-type: none"> ▪ NSDS Pattern Dance (Preliminary – International) ▪ NSDS Shadow Dance (Preliminary – Senior) ▪ Non-Series Solo Pattern Dance (Preliminary – International) ▪ Non-Series Shadow Dance (Preliminary – Senior) ▪ Pro/Am Partnered Pattern Dance (Bronze through International) ▪ Am/Am Partnered Pattern Dance (Bronze through International) | \$85 (\$42.50 per skater for Pairs events) | \$50 |
| <ul style="list-style-type: none"> ▪ NSDS Combined Event (Juvenile – Senior) ▪ Non-Series Solo Dance Combined Event (Juvenile – Senior) ▪ Couples Dance – Pre-Juvenile through Senior Combined Events | \$155 (77.50 per skater for partnered events) | N/A |
| Ensembles | | |
| <ul style="list-style-type: none"> ▪ Production (More than 10 skaters) | \$100 + \$10 per skater | N/A |
| <ul style="list-style-type: none"> ▪ Mini Production (10 or less skaters) | \$50 + \$10 per skater | N/A |

Combined events, Solo Dance, Pairs, Couples Dance and will always be charged at the full rate and do not receive the additional event discount.

FOREIGN SKATERS:

Non-U.S. skaters intending to register for Qualifying level in Singles or Pairs events, this competition must set up a non-member account prior to registering for the competition. This can be done by choosing the “Non-Member? Create Account” option on the [Members Only](#) login page.

PARTNERED EVENTS

For Qualifying level Pairs events, only one partner needs to complete registration for the team in EMS. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/ppc upload, practice ice sales, etc.**

For all other partnered events, both skaters need to complete their own registration in EntryEeze.

Late entries will be accepted at the discretion of the Chief Referee and the Local Organizing Committee and will be subject to a \$30 late entry fee. No entries will be accepted after the draw has been completed.

REGISTRATION INSTRUCTIONS FOR QUALIFYING LEVEL SINGLES AND PAIRS EVENTS:

1. Go to www.usfsonline.org
2. Enter your U.S. Figure Skating or Learn to Skate Member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Select the “Registration/Administration” option under the Events tab.
4. Click “Event Registration & Information”
5. Choose Ice Fest 2019 from the list of competitions.

If you need assistance completing your registration, contact productsupport@usfigureskating.org

REGISTRATION INSTRUCTIONS FOR ALL OTHER EVENTS:

1. Go to EntryEeze.com
2. Click on “Skaters & Parents”
3. Enter your USFSA# (or LTS USA#)
4. Follow instructions after that.

EMS SKATER PORTAL:

Once online registration has been completed, skaters will gain access to the EMS Skater Portal for this competition. This is where you will manage music and PPC upload as well as purchase practice ice, view the competition schedule (once available) and update coach information. To access your skater portal, click the **BLUE** Event Management System button on the [Members Only](#) landing page then select the competition name from options at the bottom of the screen.

ENTRYEEZE PORTAL:

Once online registration has been completed, skaters will gain access to the EntryEeze Portal for this competition via their skater account. This is where you will manage music and PPC



upload as well as purchase practice ice, view the competition schedule (once available) and update coach information.

REFUND POLICY: Entry fees will not be refunded after the entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

FACILITIES: Ice Fest is hosted by the Seattle Skating Club and will be held at the Olympicview Arena, 22202 70th Ave. West, Mountlake Terrace, WA 98043. The ice surface is indoors, measures 100' X 200', with slightly rounded corners. More information on the rink can be found at www.olympicviewarena.com. The competition facility features locker room space (minimally 3), a café, and a pro shop.

Some events will be held at the Lynnwood Ice Center, 19803 68th Avenue W, Lynnwood, WA 98036. The Lynnwood Ice Center ice surface is indoors, measures 85' X 200', with slightly rounded corners. More information on the rink can be found at www.lynnwoodicecenter.com. The competition facility features locker room space (minimally 3), a café.

MUSIC UPLOAD:

DEADLINE: April 28, 2019, 11:59 PM

Music can be uploaded until May 05, 2019 11:59 PM with \$30 late fee.

All competition music must be electronically submitted online through the Music & Program Content tab no later than **April 28, 2019, 11:59 PM**. All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

[CLICK HERE FOR MUSIC UPLOAD HOW TO IN EMS](#)

If you need assistance uploading music in EMS, email

productsupport@usfigureskating.org

If you need assistance uploading music in EntryEeze, email sscicefest@gmail.com

MUSIC CRITERIA:

- File Format: MP3 (only format EMS will accept)
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

LIABILITY: U.S. Figure Skating, Seattle Skating Club, and Olympicview Arena, Lynnwood Ice Center or Washington Ice Skating Association accepts no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The International Judging System (IJS) under Rule 1070 will be used for the following events:

- Well Balanced Program Singles Freeskating (Short Program and Freeskating) Intermediate through Senior
- Well Balanced Program Singles Freeskating (Freeskating only) Pre-Preliminary through Juvenile/Open Juvenile, Juvenile SP ONLY (Non-NQS Event)
- Pairs Freeskating (Short Program and Freeskating) Novice through Senior
- Pairs Freeskating (Freeskating only) No Test through Intermediate
- Couples Ice Dancing (Pattern Dance and Free Dance) Pre-Juvenile through Novice
- Couples Ice Dancing (Rhythm Dance and Free Dance) Junior and Senior
- Couples Ice Dancing (Pro/Am and Am/Am Partnered Pattern Dance) Bronze through International
- National Solo Dance Series Events
- Pre-Preliminary – Preliminary Singles FS may choose IJS or 6.0. Skaters may not register for both 6.0 and IJS events at the same level. For example, they must pick between Preliminary free skate 6.0 or Preliminary free skate IJS.

All competitors skating in these IJS events need to submit the planned program content online Skater Portal no later than **May 21, 2019 11:59 PM. A \$30 fee will be charged for late PPCs.**

[CLICK HERE FOR PPC SUBMISSION HOW TO IN EMS](#)

If you need assistance, email productsupport@usfigureskating.org

The 6.0 Majority Judging System under Rule 1060 will be used for all other events:

- Well Balanced Program free skate events: No-Test, Pre-Preliminary and Preliminary
- No-Test Pairs Free Skate Events
- Excel Singles Freeskating (Short Program and Freeskating) Intermediate through Senior
- Excel Singles Freeskating (Freeskating Only) Pre-Preliminary through Juvenile/Open Juvenile
- Showcase and Ensemble events
- Compete USA Events
- All interpretive events
- Couples Free Dance – No Test and Preliminary
- Couples Ice Dancing (Pro/Am and Am/Am Partnered Pattern Dance) Preliminary and Pre-Bronze
- Pre-Preliminary – Preliminary Singles FS may choose IJS or 6.0. Skaters may not register for both 6.0 and IJS events at the same level. For example, they must pick between Preliminary Free Skate 6.0 or Preliminary free skate IJS.

The Chief Referee reserves the right to use the 6.0 system for any event for which IJS qualified officials are not available.

REGISTRATION: Registration will begin on Thursday, May 30, one hour before the first event and run through the last event of the day. The registration desk will be located in the rink lobby. Please register promptly upon arrival.

OFFICIAL NOTICES: An official bulletin board will be maintained on site. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. The schedule of events will be posted at registration prior to the competition.

LOCKER ROOMS AND CHANGING AREAS: Please click here to review the [Locker Rooms](#)



[and Changing Area policy](#). More detailed information can be found in the [SafeSport Handbook](#).

Minimum four locker rooms will be made available for athlete use:

- Girls under age 11 (Same gender parent is allowed in locker room to assist skater, if needed)
 - Girls and Ladies over 11 (Parents not allowed)
 - Boys under age 11 (Same gender parent is allowed in locker room to assist skater, if needed)
 - Boys and Men over 11 (Parents not allowed)
- NOTE: No audio or visual recording devices are permitted in locker room. This includes but is not limited to cell phones with cameras or recording capability, tablets, cameras, laptops, etc. Anything that connects to the internet or that could take a picture or record is prohibited and may be confiscated. This rule is for the protection of the athletes.
- NOTE: Locker rooms are for the use of the athletes preparing to enter the ice for practice or for an event. Locker rooms are not for the long term storage of costumes or equipment.
- NOTE: Restrooms are not to be used as changing areas. It is strongly recommended that skaters who need assistance changing arrive at the competition facility fully dressed in competition attire

PRACTICE ICE: Practice Ice shall be scheduled through EMS for all events. **Each competitor may request one \$20.00/30min practice session per event entered (excluding interpretive events) for individual events, and two practice sessions per combined event.** Skaters will be able to pick their own practice ice sessions online, but you **MUST** indicate number of sessions you want online when you register and **MUST** pay for them when you register online. You will receive an email with instructions on choosing practice ice time after the schedule has been set. Every effort will be made to schedule Practice ice sessions as close to the competition as possible, however this is not guaranteed.

NOTE: Depending on the size of the competition, practice ice selection might be limited to one or two time choices.

Practice Ice not pre-ordered will be sold on a first come-first serve basis, but we cannot guarantee additional practice sessions. If space permits, we will allow additional practice ice sales online for \$25.00/30 minutes per session after the schedule has been posted and those that pre-registered for sessions have had time to select their sessions. If space permits, additional practice ice will be available for purchase during the competition for \$25.00/30 minutes at the registration desk with cash or check only.

No Changes - No Refunds. Practice ice fees are nonrefundable, and you may not assign your practice ice to another skater.

Practice Ice Schedules will not be given over the phone but will be available online when available.

PHOTOGRAPHY/VIDEOGRAPHY: A professional video company and photographer will be at the rink. Any other professional photography/videography is prohibited. ALL award winners are encouraged to pose for the group picture. All other videotaping and photography is restricted to hand-held battery-operated equipment, without tripod, and is permissible only in the upper viewing area. No videotaping or photography from rink side. **Videotaping or photography of any skater other than your own is strictly prohibited.** Please be courteous to those viewing the event. Solicitation by any photographer or agent of anyone to be the subject of still or video

photography is not permitted. For safety reasons, **no flash photography is allowed during the event.**

AWARDS: Individual events are separate and considered final rounds. Combined event overall placements will be determined by the combination of results from the initial and final rounds. Awards will be presented at the photographer's table immediately after the official posting of each event for individual events. For combined events, awards will be presented after each event segment, in addition to the overall combined final placement. Awards will be given for first through sixth place for all events. Award Photographs will be taken and we ask that all award winners pose for the group picture even if you do not plan on purchasing a picture.

Compete USA events will have no more than six skaters per group and all will receive an award.

Special Awards to be presented at the completion of the appropriate events. The perpetual trophies will remain in the SSC showcase, engraved with the skater's name. The winning skater shall also receive a personal award from the Seattle Skating Club.

Awards placement for the "**Special Awards**" shall be determined by the event judges.

- **Rosalynn Sumners - Seattle Skating Club "Artistic Award"** - Awarded to an Intermediate and above skater for exceptional Artistic Performance as determined by the event judges.
- **The Shirle Irene Lander Trophy** - Awarded to a Juvenile and below skater for exceptional Artistic Performance as determined by the event judges.
- **"The Hadley Award"** - This shall be awarded to a skater of any level who demonstrates excellence in both artistic and free skating and also represents the spirit of figure skating at the Ice Fest Event as determined by the event judges. Seattle Skating Club members, Ila Rae & Ray Hadley, were the 1960 US Silver Pairs Champions & 1957 Junior Pairs National Champions. They, along with their coach and mother Linda Hadley, perished with the other members of the 1961 U.S. World Team when their plane crashed en route to the World Championships. This special award is made in their name.

TEST CREDIT: Skaters that meet the requirements for test credit may request their test credit forms at registration. Forms must be picked up at the registration desk prior to the end of the competition. Forms must be requested 24 hours before your event start time.

INFORMATION REGARDING COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must be included within a skater's registration or updated through their EMS Skater Portal. All coach compliance is verified via EMS and is connected to the U.S. Figure Skating database.

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must Complete Safe Sport Training.
- D. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- E. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

*SafeSport training is available through <http://www.usfsaonline.org> for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

The LOC will have a list of compliant coaches via EMS verified through the U.S. Figure Skating database who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please visit:
<http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

OFFICIALS: Competition officials will be selected in accordance with Rule 3030, except that officials for basic skills events will be selected in accordance with Rule 3120.

REFEREE: The decision of the Referee on all matters will be final. The Referee, along with the LOC, shall have the right to exclude any person(s) whose behavior is unruly or unsportsmanlike. Additionally, the Referee reserves the right to combine or split events to best accommodate the number of entries and schedule of events.

CONTACT INFO: For further information regarding this announcement, please contact the following:

| | | |
|--|--|---------------------------------------|
| Sanju Chettiar & Erin Kendrick Competition Co Chairs Email: mailto:sscicefest@gmail.com | Nika Pelc Registrar Email: mailto:icefestregistrar@gmail.com | Michael Bauer Chief Referee |
|--|--|---------------------------------------|

Accommodations

Official Hotel

Embassy Suites Seattle/North Lynnwood

*Reservations deadline is **May 16, 2018***

20610 44th Ave West, Lynnwood, 98036

Phone: (425) 775-2500

Rates: King - \$144, Double - \$154

Booking link: https://embassysuites.hilton.com/en/es/groups/personalized/S/SEALWES-XIE-20190528/index.jhtml?WT.mc_id=POG

Other area Hotels offering special rates:

Courtyard by Marriott Seattle North/Lynnwood Everett

*Reservations deadline is **May 8, 2018***

4220 Alderwood Mall Blvd., Lynnwood, WA 98036

Phone: 425-670-0500

Rates: \$129

Booking Link: Booking Link: [Book your group rate for Ice Fest 2019](#)

Conceptual Schedule

| | Thursday | Friday | Saturday | Sunday |
|-------------------------------|---|---|--|--|
| Lynnwood Ice Center | <p>Compete USA events with an emphasis on upper level Freeskate FS events</p> <p>Excel FS events with an emphasis on higher levels</p> <p>Well-Balanced 6.0 FS events with an emphasis on higher levels</p> | <p>Compete USA events, with an emphasis on Pre-Freeskate and lower level Freeskate FS events</p> <p>Excel FS events with an emphasis on lower levels</p> <p>Well-Balanced 6.0 FS events with an emphasis on lower levels</p> | <p>Compete USA events, with an emphasis on Showcase and Basic FS, and any remaining Freeskate FS events.</p> <p>Adult FS events</p> <p>Any remaining Excel FS and Well-Balanced 6.0 FS events</p> | Arena Not Used |
| Olympic View Ice Arena | <p>NSDS events with an emphasis on pattern dances at lower levels</p> <p>Pre-Preliminary through Pre-Juvenile IJS FS events</p> <p>Juvenile SP events</p> <p>Selected Intermediate through Senior SP events</p> | <p>NSDS events completing pattern dance events at lower from Thursday, and launching pattern dance and rhythm dance events at higher levels</p> <p>Select Shadow Dance events</p> <p>Couples Dance pattern dance and short dance events</p> <p>Remaining Intermediate through Senior SP events</p> <p>Selected Juvenile through Senior FS events</p> <p>Select Pairs SP and FS events</p> | <p>NSDS events completing pattern dance events from Friday, and completing all solo free dance events</p> <p>Remaining Shadow Dance events</p> <p>Couples Dance free dance events</p> <p>Remaining Juvenile through Senior FS events</p> <p>Selected Final Round and Consolation Round FS events as necessary</p> <p>Remaining Pairs FS events</p> | <p>Showcase events, including Light-Entertainment, Dramatic, Interpretive, Duets, Mini-Ensemble, and Ensemble</p> <p>SYS events</p> <p>Pro/Am and Am/Am Couples Dance pattern dance events</p> <p>Remaining Final Round and Consolation Round FS events as necessary</p> |

EVENTS OFFERED

COMPETE USA

FREESKATE EVENTS:

- Snowplow Sam
- Basic 1-6
- Pre-Free Skate - Free Skate 6

SHOWCASE EVENTS:

- Snowplow Sam
- Basic 1-6
- Pre-Free Skate – Free Skate 6

Excel Singles Free Skate (Formerly Test Track Singles Freeskate)

- Beginner
- High Beginner
- Pre-Preliminary
- Preliminary
- Pre-Juvenile
- Open Juvenile
- Juvenile
- Intermediate
- Novice
- Junior
- Senior

SINGLES WELL BALANCED FREE SKATE & SHORT PROGRAM

- No-test through Pre-Juvenile Singles, Open Juvenile events are separate and considered final rounds.
Intermediate through Senior Well Balanced events will consist of both short and long programs.
- Juvenile (FS Only)
- Juvenile SP ONLY (Non-NQS Event)

Offered as Combined SP & FS Events:

- **Intermediate**
- **Novice**
- **Junior**
- **Senior**

PAIRS WELL BALANCED FREE SKATE & SHORT PROGRAM

- No-Test through Intermediate pairs events are separate and considered final rounds. Novice – Senior Well Balanced events will consist of both short and long programs.
- No-Test (FS Only)
- Pre-Juvenile (FS Only)
- Juvenile (FS Only)
- Intermediate Free Skate(FS Only)

Offered as Combined SP & FS Events:

- Novice – Short Program & Free Skate
- Junior – Short Program & Free Skate
- Senior – Short Program & Free Skate

SOLO DANCE

NATIONAL SOLO DANCE SERIES – Open to Non-Series Skaters

- Pattern Dance
- Combined Event
- Shadow Dance



COUPLES DANCE COMBINED EVENT

- Open - Free Dance ONLY
- Pre-Juvenile – Pattern Dance, Free Dance
- Juvenile – Pattern Dance, Free Dance
- Intermediate – Pattern Dance, Free Dance
- Novice – Pattern Dance, Free Dance
- Junior – Short Dance, Free Dance
- Senior – Short Dance, Free Dance

ADULT

- Non-Test - Gold: Well-Balanced Free Skate & Showcase
- Masters Intermediate – Senior: Well-Balanced Free Skate & Showcase
- Pairs – Pre-Bronze – Gold
- Solo Dance – Pre-Bronze – Gold
- Partnered Dance
- Showcase Events (see Showcase section)

SHOWCASE

- Dramatic Entertainment
- Light Entertainment
- Interpretative
- Duets
- Mini Production Ensemble (10 or less skaters)
- Production Ensemble (more than 10 skaters)

SYNCHRONIZED SKATING EVENTS

- Snowplow Sam Synchro & Synchro Skills 1-3
- Open Synchro EXHIBITION



Allowance for Skate Canada requirements in U.S. Figure Skating Events

In general, Pre-Juvenile and Juvenile freeskating events, and Intermediate through Novice short program and freeskating events will be judged in accordance with the time and content requirements and restrictions specified in the current US Figure Skating rulebook.

It is preferred that Canadian entrants in these events review the time and element content of their programs against the US Figure Skating time and content requirements and restrictions and adjust their programs as necessary to ensure full credit for elements completed. However, because of the many differences between the US Figure Skating and Skate Canada time and content requirements and restrictions for the 2020 season, Canadian entrants will be allowed to skate their programs as choreographed under Skate Canada rules, subject to the technical and judging evaluation conditions outlined below:

Pre Juvenile Freeskating

A spiral sequence will be accepted and evaluated as a Level Base step sequence.

The US Figure Skating time requirement of 2:00 ± 10-seconds will be enforced.

Juvenile Freeskating

All element content completed within the Canadian time requirement of 2:30 ± 10-seconds will be evaluated without time penalty.

A step sequence utilizing one-half the ice surface will be accepted and evaluated as a choreographic step sequence.

The US Figure Skating requirements for minimum spin revolutions in position will be enforced.

Intermediate Short Program

All element content completed within the Canadian time requirement of 2:20 ± 10-seconds will be evaluated without time penalty.

The US Figure Skating requirements for minimum spin revolutions in position will be enforced, except as noted below for Intermediate Men Short Program.

Intermediate Men Short Program

A change-foot sit spin of four revolutions minimum on each foot will be accepted as fulfilling the spin-in-one-position element.

COMPETE USA EVENTS

All charts have been updated with changes from the 2018-2019 Compete USA Manual that went into effect September 1, 2018.

SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

| Level | Time | Skating rules/standards |
|--------------|-----------|---|
| Snowplow Sam | 1:10 max. | <ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row |
| Basic 1 | 1:10 max. | <ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row |
| Basic 2 | 1:10 max. | <ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:10 max. | <ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot |
| Basic 4 | 1:10 max. | <ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions |
| Basic 5 | 1:10 max. | <ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop |
| Basic 6 | 1:10 max. | <ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position • T-stop, right or left |

PRE-FREE SKATE – FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- **Bonus skills from the same level or below are allowed but will not be judged elements.**
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

| Level | Time | Skating rules/standards |
|----------------|-----------|---|
| Pre-Free Skate | 1:40 max. | <ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions • Mazurka • Waltz jump • <i>NOT ALLOWED -Waltz jump, side toe hop, waltz jump</i> |
| Free Skate 1 | 1:40 max. | <ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop jump • Half flip jump • <i>NOT ALLOWED – Waltz jump/toe loop combination</i> |
| Free Skate 2 | 1:40 max. | <ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis • Beginning back spin- maximum 2 revolutions • Half Lutz • Salchow jump • <i>NOT ALLOWED – Salchow/toe loop combination</i> |
| Free Skate 3 | 1:40 max. | <ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, minimum 3 revolutions • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination • <i>NOT ALLOWED – Waltz/loop combination</i> |
| Free Skate 4 | 1:40 max. | <ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin – minimum 3 revolutions • Half Loop jump • Flip jump • <i>NOT ALLOWED – Waltz/half-loop/Salchow sequence</i> |
| Free Skate 5 | 1:40 max. | <ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin – minimum 3 revolutions • Waltz-loop jump combination • Lutz jump |
| Free Skate 6 | 1:40 max. | <ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, Mohawks and toe steps • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump/ half-loop/Salchow jump sequence • Beginning Axel jump |



Showcase Events

General event parameters:

- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.

| LEVEL | ELEMENTS | QUALIFICATIONS | PROGRAM LENGTH |
|---|--|--|-----------------|
| Basic 1-6 | Elements only from Basic 1-6 curriculum | May not have passed any higher than Basic 6 level. | Time: 1:00 max. |
| Pre-Free Skate- Free Skate 6/ Beginner/High Beginner/ Adult 1-6 | 3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop. | May not have passed any official U.S. Figure Skating free skate tests. | Time: 1:30 max. |

Excel Singles Free Skate (Formerly Test Track Singles Freeskatte)

Please follow the links to the charts.

- A. Beginner – Senior Excel Singles Free Skate Events. See the requirements [here](#).

SINGLES EVENTS

No-test through Pre-Juvenile Singles, Open Juvenile events are separate and considered final rounds. Intermediate through Senior Well Balanced events will consist of both short and long programs.

Singles Free Skate Events

Please follow the links to the charts.

- A. Well Balanced Program Free Skate for *No-Test through Senior*. See the Well Balanced Program Free Skate requirements [here](#).

Singles Short Program Events:

Please follow the links to the charts.

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. See the 2017-18 Singles Short Program Requirements [here](#).

- Juvenile short program – 4230 (same as Intermediate Short Program) Non-NQS Event
- Intermediate/ short program – Rule 4230
- Novice short program – Rule 4220
- Junior short program – Rule 4210
- Senior short program – Rule 4200

Final Rounds (events that exceed 24 entries)

All NQS events will be conducted in accordance with Rule 2460, which is summarized by the following: Qualifying rounds will be held at any NQS competition where there are more than 24 entries in one event. Groups and numbers advancing to the championship round will be determined by the following chart, found in Rule 2466:



| Entries | Qualifying Round (QR) | | | Championship Round (CR) |
|---------|-----------------------|------------------------|--------------------------------------|-------------------------|
| | Number of Groups | Number Advancing/Group | Additional Number Advancing by Score | Total Number Advancing |
| 25-36 | 2 | 4 | +4 next highest scores | 12 |
| 37-54 | 3 | 4 | +4 next highest scores | 16 |
| 55-72 | 4 | 4 | +4 next highest scores | 20 |
| 73-90 | 5 | 4 | +4 next highest scores | 24 |
| 91-144 | 6 | 4 | +4 next highest scores | 28 |
| 145-196 | 7 | 4 | +4 next highest scores | 32 |

If held, the qualifying round will consist of a free skate only, with the appropriate number of athletes advancing to the championship round. The championship round will consist of a combined short program and free skate competition, resulting in a final Total Score (intermediate – senior) or a championship free skate only Total Score (juvenile). (In competitions where there are 24 or fewer entries, there is no qualifying round and all skaters are considered to be competing in the championship round).

The skater's Total Score (TS) from the competition will be the combined short program and free skate score in the championship round (intermediate – senior) or free skate score in the championship round (juvenile). Scores earned in the qualifying round of an NQS event are not considered in the current standings for the NQS.

Consolation Rounds: If qualifying rounds are necessary for intermediate and higher, a consolation round is held for competitors that do not qualify for the championship round. Consolation rounds include the short program only and are under the jurisdiction of the host competition; scores from consolation rounds are not transmitted to U.S. Figure Skating. The purpose of the consolation round is so all competitors can compete their short program.

PAIRS EVENTS

Pre-Juvenile and Juvenile pairs events are separate and considered final rounds. Intermediate – Senior events will consist of both short and long programs. Combined results will be considered final – there will be no final rounds even if numbers warrant more than group per event.

Pairs Free Skate Events

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2017. Please follow the links to the charts.

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Pre-Juvenile – Senior. See 2017-18 Pairs Free Skate Requirements [here](#).

Pairs Short Program Events

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. See 2017-18 Pairs Short Program Requirements [here](#).

- A. Novice short program – Rule 5220
- B. Junior short program – Rule 5210
- C. Senior short program – Rule 5200

Pairs events will be conducted in accordance with Rule 7060 / Composition of Pairs Events. This states that senior, junior and novice pair events will consist of a short program and a free skate. If a qualifying round is necessary, only the free skate will be skated in the qualifying round. Intermediate and juvenile events will consist of a free skate only.

NATIONAL SOLO DANCE SERIES EVENTS (open to all skaters)

Events that qualify as NSDS events will only be offered as series events. Non-series skaters are welcome to compete in the solo series events. Points are awarded on final placement, *regardless of other competitors*. If there is a skater in an event who is not entered in the series, the points for their placement will simply not be awarded.

For all rules and requirements, please reference the 2019 NSDS Skater Handbook, available here: <http://www.usfigureskating.org/programs?id=84172>. As a reminder, please be sure to register as a NSDS participant here by 4/1/19: <https://fs12.formsite.com/USFSAIT/y709wz6zzx/index.html>

Please note: It is the responsibility of the coach and skater to check with the USFS website for all rule updates and changes. The above links were in use at the time of publication. Should links be unavailable, please use the USFS website search bar for the appropriate event elements or rules. [Click here for USFS website](#) .

Solo Pattern Dance Event

The solo pattern dance event is comprised of two pattern dances at each level. The results from both dances will be combined to create a final score and overall result. Points will be awarded to each skater based on the skaters' combined overall placement of the two pattern dances.

| Level | Pattern dances drawn for Solo Pattern Dance events. Music for each pattern dance will be provided by the Dance Referee as prescribed for the National Solo Dance Series by US Figure Skating. |
|----------------------|---|
| Preliminary | Dutch Waltz and Rhythm Blues |
| Pre-Bronze | Cha Cha and Fiesta Tango |
| Bronze | Hickory Hoedown and Willow Waltz |
| Pre-Silver | Foxtrot and European Waltz |
| Silver | American Waltz and Tango |
| Pre-Gold | Blues and Starlight Waltz |
| Gold | Argentine Tango and Viennese Waltz |
| International | Cha Cha Congelado and Silver Samba |

Combined Event

The combined dance event is comprised of the following two events (as applicable by level):

1. **For Juvenile, Intermediate and Novice:** one of two solo pattern dances posted at the competition from the two designated solo pattern dances selected by U.S. Figure Skating, as listed in the [2019 NSDS Skater Handbook](#).
For Junior and Senior: one solo rhythm dance

2. **For Juvenile through Senior:** one solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count toward the solo pattern dance event or results. This event is offered at the Juvenile through Senior levels.

The points awarded in the combined event will be based upon the skaters' combined overall point total from the pattern or short dance (depending on the level entered) and the free dance.

Shadow Dance Event

The shadow pattern dance event is comprised of one pattern dance at each level selected by U.S. Figure Skating, as listed in the [2019 NSDS Skater Handbook](#).

COUPLES DANCE

Couples Ice Dance events will consist of an initial and final round based upon their level. All requirements correspond to the 2018-2019 Season. All technical requirements for Ice Dance, available here: <http://www.usfsa.org/story?id=84110>

PRO-AM/AM-AM Events

A dance couple will consist of either an eligible skater and a professional or two eligible skaters. Competitors may not enter an event below their completed test level (either adult or standard track). Competitors may skate up one level. Events may be divided by age. Couples must do both dances in each level. Dances will be scored separately with awards based on the combined results.

- * Preliminary One partner passed no higher than two US Figure Skating Pre-Bronze Dances. Dances are Canasta Tango and Rhythm Blues, two sequences each.
- * Pre-Bronze One partner passed no higher than two US Figure Skating Bronze Dances. Dances are Cha Cha and Fiesta Tango, two sequences each.
- * Bronze One partner passed no higher than two US Figure Skating Pre-Silver Dances. Dances are Hickory Hoedown and Willow Waltz, two sequences each.
- * Pre-Silver One partner passed no higher than two US Figure Skating Silver Dances. Dances are Fourteenstep (3 patterns) and European Waltz (ISU Pattern, two sequences).
- * Silver One partner passed no higher than two US Figure Skating Pre-Gold Dances. Dances are Tango (ISU Pattern) and American Waltz (ISU Pattern), two sequences each.
- * Pre-Gold One partner passed no higher than two US Figure Skating Gold Dances. Dances are Blues (3 patterns) and Paso Doble (two sequences).
- * Gold No test restrictions. Dances are Argentine Tango (two sequences) and Quickstep (3 patterns).
- * International No test restrictions. Dances are Silver Samba and Cha Cha Congelado, two sequences each

ADULT SKATING EVENTS

All charts have been updated with changes from the U.S. Figure Skating Governing Council that go into effect July 1, 2018. Please follow the links to the charts.

- A. Pre-Bronze - Gold Well Balanced Free Skate. See the 2018-19 Adult Singles Elements requirements [here](#).
- B. Masters Intermediate – Senior Well Balance Free Skate. See the 2017-18 Adult Singles Elements requirements [here](#).
- C. Pre-Bronze – Gold Showcase – Follows the same requirements as standard track listed in the Showcase Events section
- D. Masters Intermediate – Senior Showcase – Follows the same requirements as standard track listed in the Showcase Events section
- E. Adults Pairs, Elements can be found [here](#).
- F. Adult Solo Dance event requirements can be found [here](#).
- G. Adult Partnered Dance event requirements can be found [here](#).

SHOWCASE EVENTS

Light-Entertainment Showcase, Dramatic Showcase, Interpretive, Duet, Mini-Production, and Production Ensemble events will be conducted in accordance with the Non-Qualifying Showcase Competition Guidelines as published by US Figure Skating and posted under the National Showcase Program category on the US Figure Skating website: <http://www.usfigureskating.org/programs?id=84078>



Jumps are not restricted because technical difficulty is not evaluated. However, unintended falls, poorly executed skating elements and obvious loss of control will be detrimental to the evaluation of the performance. Music may be instrumental or vocal. The costume restrictions of Rule 4030 do not necessarily apply, provided that the Non-Qualifying Showcase Competition Guidelines cited above are fully adhered to.

Showcase events will be judged in accordance with the Non-Qualifying Showcase Competition Guidelines cited above. Each judge will award one mark to each skater for Program Components.

- A. Dramatic Entertainment requirements [here.](#)
- B. Light Entertainment requirements [here.](#)
- C. Interpretative requirements [here.](#)
- D. Duets requirements [here.](#)
- E. Mini Production Ensemble (7 or less skaters) requirements [here.](#)
- F. Production Ensemble (8 or more skaters) requirements [here.](#)

SYNCHRONIZED SKATING EVENTS

Snowplow Sam & Synchro Skills

- A. Snowplow Sam Synchro & Synchro Skills 1-3 requirements [here.](#)

Open Synchronized Skating Exhibition

Teams that don't fit in the basic skills level that want to do an exhibition at the event may pay as an Exhibition team and perform a non-judged exhibition.

